

Find Your Direction

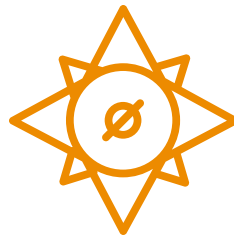
with

Billiken Beginnings: Navigating the First Eight Weeks

A workshop series designed for the transition to college

Support from Campus Offices

Advice from Peers




Strategies for Success

Goal-Setting


 **Monday, September 12**
Habits for Academic Success

 **Monday, September 19**
Managing Your Time

 **Monday, September 26**
Getting Involved and
Coping with Homesickness

 **Monday, October 3**
Holistic Wellness:
Mind, Body, Spirit

 **Monday, October 10**
Your Career Starts Today

 **Monday, October 17**
Building Resiliency

Attendance Prizes!

Baer-Fuller Lecture Hall (004)

4-5pm